

Students,
I Can Help You With:

- ★ Getting Along with Others
- ★ Dealing with Uncomfortable Feelings
- ★ Improving Study Skills
- ★ Setting and Striving Towards Goals
- ★ Feeling Good About Yourself
- ★ Coping with Family Change
- ★ Dealing with peer pressure and bullying
- ★ Adjusting to a new school
- ★ Listening to Your Story

Families,

I am available to collaborate with you to:

- Explore ways to help your child succeed
- Enhance parent-child communications
- Provide referrals for community resources
- Discuss developmental aspects of childhood
- Celebrate your child

Community Resources

Mission Possible

Food pantry, second hand clothing
(660)564-4014

Community Services

Works with families through needs based services
(660)564-2182

Children and Family Center of Northwest Missouri

Provides shelter and support to individuals experiencing or at risk for family violence.
1220 East 2nd Street, Maryville, MO. 64468
(660)562-2320

www.childrenandfamilycenter.org

Counseling Agencies

*accepts Medicaid

Family Guidance*

109 E Summit Dr. Maryville, MO. 64468
<http://familyguidance.org>
(660) 582-3139

St. Francis Family Health Services Outpatient Counseling *

114 East South Hills Drive Maryville, MO. 64468
www.stfrancismaryville.com
(660) 562-4305

New Beginnings*

423 N. Market
Maryville, MO. 64468
(660)562-3000

*Please contact me if you would like more information about Counseling Agencies in the community.


Helplines

National Suicide Prevention Hotline
1-800-273-TALK (8255)

MO Child Abuse & Neglect Hotline
800-392-3738

National Domestic Violence Hotline
1-800-799-SAFE (7233)

Substance Abuse & Mental Health Services Admin
1-800-662-HELP (4357)



Worth County Elementary SCHOOL COUNSELING PROGRAM

Mrs. Pottorff
K-6 School Counselor

(660)564-3320

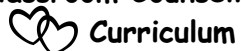
apottorff@wc.k12.mo.us

<http://apottorff.wixsite.com/wococounselor>



School Counseling Services

Classroom Counseling (Guidance)



Curriculum

Lessons are taught to all grades levels once a week. Lessons are preventative, developmentally appropriate, and address academic, personal, social & career growth.

Small Group Counseling

Using a psycho-educational model, small groups help students reflect on their experiences, recognize they are not alone, and enhance relationship, intrapersonal, learning & behavioral skills. Parents are notified when their child is selected to participate.

Individual Counseling

When appropriate, the school counselor meets with individual students on a short-term basis.

These sessions can be for planning academically or of a personal/social nature. If I meet with your student one on one you will receive a note or a phone call.

School-Based Consultation

& System Support

Community Resource Referrals

Confidentiality & Informed Consent:

All Professional School Counselors are required to follow ASCA's *Ethical Standards for School Counselors*. The school counselor respects confidential information received from students, the family, guardians, and staff members, with some exceptions.

Those exceptions are when: 1) there is any suspicion of child abuse or neglect; 2) where a student poses a serious threat to themselves or others; and/or 3) where legal requirements demand a release of information.

Programs offered

The elementary school counseling program is designed to focus on improving school climate and to help support all students' academic, career, personal and social development. School-Wide programs that are offered at our school focus on kindness promotion, respect, character development, bullying prevention, drug and alcohol prevention and academic achievement.

Programs include:

- Anti-Bullying Month
- Red Ribbon Week
- Character Program (Character Superstars and tiger paws)
- Random Act of Kindness Week
- MAP Kick-off and MAP incentive parties

A Note from Your School Counselor

Dear Families,

I am excited to introduce myself as your child's school counselor. My goal is to help all students get the most out of school. When I work with students, families, teachers, and other school community members, I aim to cultivate meaningful relationships that are facilitative to those guideposts.

Communication with families is VERY important to me. I truly enjoy and appreciate hearing from families. Please contact me with any questions, concerns, progress, and/or good stories about your child that you may wish to share.

Sincerely,

Mrs. Amanda Pottorff

STUDENTS

BELOW ARE QUESTIONS YOU MAY HAVE ABOUT THE SCHOOL COUNSELOR

About Me

Hi! My name is Mrs. Pottorff and I am your Elementary School Counselor! My interests include Reading, fishing, and being with my friends and family. In this brochure, you will learn about my job and how I can help.

Where will I see you?

You might see me in classes doing weekly guidance lessons, during school-wide activities, at lunch duty or bus duty after school. When I am not in other places of the school, I might be at the High School or in my office. If you need to know where I am, the sign outside my door can tell you.

Where is your office?

My office is in the activity center across from the PAT (parents as teachers) Office.

I Think I Need to See You, What Next?

If you would like to see me, ask teacher if you can come see me, take a slip from outside of my office, fill it out and place it in my mailbox outside my door. My mailbox is always locked, so it will stay completely safe and private. Once I have your request, I will find a time for you to come to my office during the day. If we both think you will need to see me more, I will give you a permission slip for your parent/guardian to sign.

Will you tell anyone what we talk about?

Everything we talk about stays in my office, UNLESS: you tell me someone is hurting you, you want to hurt yourself, you want to hurt someone else, or give me permission to share.